

OV_{er} the Limit

2010 Oley Valley Youth League Field Hockey Clinic

JULY 12TH TO JULY 15TH

**COORDINATED BY: Oley Valley High School Field Hockey Coach,
Tiffany Cappellano**

**COACHING STAFF: Highly qualified high school and
college players and coaches**

LOCATION: OLEY VALLEY YOUTH LEAGUE

**COST: GRADES 3 TO 5 --- \$ 80.00 (9 AM - 12 NOON)
GRADES 6 TO 8 --- \$ 130.00 (9 AM - 3 PM)**

Cost includes instruction and camp T-shirt.

Freeze-pops will be sold during breaks and lunch.

Pizza will be sold during lunch.

The Oley Valley Youth League Clinic is offered to all girls entering 3rd through 8th grades during the 2010-2011 school year. The purpose of this clinic is to introduce field hockey skills, improve already acquired skills, and explain and teach the game of field hockey. Girls in 3rd through 5th grade will participate from 9:00 am to 12:00 noon. Girls from 6th through 8th grade will participate from 9:00 am to 3:00 pm.

Registration must be completed by *June 1st*. Make check payable to "Over the Limit" and send with the registration and medical release forms to:

Tiffany Cappellano - 18 Spring Ct., Birdsboro, PA 19508

****PLEASE NOTE: ALL GIRLS MUST PROVIDE THEIR OWN MOUTH GUARD AND SHIN GUARDS. STICKS AND BALLS WILL BE PROVIDED FOR THOSE WHO DO NOT HAVE THEIR OWN.**